

After School Training - Atascocita

	Monday	Tuesday	Wednesday	Thursday	Friday
4:30 PM to 5:30 PM	<u>Karate Class</u> Green, Red & Black	<u>Karate Class</u> White Belts	<u>Karate Class</u> Orange & Green	<u>Karate Class</u> Orange, Red & Black	
	<u>Sparring Class</u> White Belts	<u>Sparring Class</u> Orange & Green	<u>Sparring Class</u> Red & Black	<u>Karate Class</u> White Belts	
Free Day	Orange Belts	Red & Black	White Belts	Green Belts	All Ranks

AFTER SCHOOL TRAINING - Fall Creek

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:00 - 5:00 All Students	4:00 - 4:30 White	4:00 - 4:30 White	4:00 - 4:30 Orange & Green	No Training
	4:30 - 5:10 Orange & Green	4:30 - 5:10 Red & Black	4:30 - 5:10 Red & Black	